

ARES/RACES
EMERGENCY 72-hour SURVIVAL KIT
(Contents)

- 4 ea Hand Warmer Pack (12-hour)
- 8 ea Water Pack (4.227 fluid oz.)
- 1 pk Food Bars (9 bars)
- 2 bx Matches - Waterproof
- 1 ea First Aid Kit
- 1 ea Poncho
- 1 ea Rescue Blanket (laminated foil)
- 1 pr Work Gloves
- 1 ea Flashlight
- 2 ea Battery
- 1 ea Folding Shovel/Pick
- 1 ea Toilet Tissue Roll
- 1 ea Emergency Whistle
- 9 ea Moistened Towelette
- 50 ft Nylon Utility Cord (550 lb. test)
- 1 ea Cyalume Light Stick
- 1 ea Multi-blade Knife (Swiss style)
- 1 ea Carry Bag

You may add items to suit your own personal needs such as medications, compass, radio, etc. - also, extra water, food, light sticks, batteries, etc.